

STATE OF NEVADA PHYSICAL ASSESSMENT FORM

To: Treating Physician/Chiropractor

State employees are required to return this form to their supervisor after each medical appointment. Please provide specific information based on your medical findings. An alternative form may be used if it provides the same information.

Patients Name: _____ Claim Number: _____
 Agency: _____ Date of Appointment: _____

IN AN 8-10 HOUR DAY (OR LONGER) EMPLOYEE CAN:

| | | | | | |
|--------|-----------------|--------------|--------------|--------------|-------------|
| Work: | ___ 1-3 hrs | ___ 3-5 hrs | ___ 5-8 hrs | ___ 8-10 hrs | ___ 10+ hrs |
| Walk: | ___ 1-3 hrs | ___ 3-5 hrs | ___ 5-8 hrs | ___ 8-10 hrs | ___ 10+ hrs |
| Sit: | ___ 1-3 hrs | ___ 3-5 hrs | ___ 5-8 hrs | ___ 8-10 hrs | ___ 10+ hrs |
| Stand: | ___ 1-3 hrs | ___ 3-5 hrs | ___ 5-8 hrs | ___ 8-10 hrs | ___ 10+ hrs |
| Lift: | ___ Up to 10lbs | ___ 10-20lbs | ___ 20-50lbs | ___ 50 + lbs | |

EMPLOYEE IS ABLE TO:

| | | | |
|-----------------------|----------------|------------------|----------------|
| Lift: | ___ Frequently | ___ Occasionally | ___ Not at all |
| Bend: | ___ Frequently | ___ Occasionally | ___ Not at all |
| Carry: | ___ Frequently | ___ Occasionally | ___ Not at all |
| Climb: | ___ Frequently | ___ Occasionally | ___ Not at all |
| Kneel: | ___ Frequently | ___ Occasionally | ___ Not at all |
| Reach over shoulders: | ___ Frequently | ___ Occasionally | ___ Not at all |

HANDS/WRISTS: Left Right Both

| | | | | |
|--------------------|----------------|------------------|----------------|---------|
| File handling: | ___ Frequently | ___ Occasionally | ___ Not at all | ___ Wt. |
| Pushing/Pulling: | ___ Frequently | ___ Occasionally | ___ Not at all | ___ Wt. |
| Typing/Keying: | ___ Frequently | ___ Occasionally | ___ Not at all | |
| Simple Grasping: | ___ Frequently | ___ Occasionally | ___ Not at all | |
| Fine Manipulation: | ___ Frequently | ___ Occasionally | ___ Not at all | |

Safely drive or operate State vehicle at work: Yes No
Safely drive or operate heavy equipment or machinery: Yes No

No inmate confrontations and/or responding to emergencies: _____

Other restrictions (or suggested accommodation): _____

Has medication been prescribed? No Yes What: _____
 If yes: Can medication be taken while working No Yes – are there any restrictions and if so what:

Condition stable: Yes No Condition ratable: Yes No
 May have suffered a permanent partial disability: Yes No

Released to **Full Duty/ No Restrictions** (Date) _____
 Certified **Totally Temporarily Disabled** (Dates) From: _____ To: _____
 Released to **Restricted/Modified Duty** (Date) From: _____ To: _____
 Restrictions Are: Permanent Temporary

Date of next apt: _____ Physician's PRINTED NAME: _____

Physician's signature: _____ Date: _____